



# **Badminton Canterbury**

**Parent Information Evening**

**20<sup>th</sup> November 2022**

- Welcome & Introductions
- Agenda
  - Structure of Badminton
  - Balance is Better
  - Mainland U15 Squad Clarification
  - Entry of Mainland teams at National level for 2023 season
  - Representation programme for 2023 – *draft*
  - Regional Coaching Day's explained
  - Help required
  - Questions



National Sport Office/NSO



Regional Sport Office/RSO

Badminton Canterbury Affiliated Clubs

Badminton in Schools and Community





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***BALANCE IS BETTER***

## **Balance is Better – BiB** <https://balanceisbetter.org.nz/>

- Balance is Better is an evidence-based philosophy to support quality sport experiences for all young people, regardless of ability, needs and motivations. It is about young people staying involved in sport for life and realising their potential at the right time. The Balance is Better philosophy has been developed by the NZ sport system (e.g. sport organisations, leaders and administrators, schools, clubs, coaches, parents and volunteers) to support the culture change needed to provide quality sport opportunities for tamariki (5-11) and rangatahi (12-18). Sport NZ's current focus is on rangatahi, given the decline we are seeing in teenage participation.
- We're losing young people from sport, and they are missing out on the opportunity to be physically active and reach their full potential.
- Nine principles underpinning the Balance is Better philosophy have been developed to guide the NZ sport system to provide improved sport experiences for all young people.

## Balance is Better Principles

- All New Zealanders having the right to participate in sport in an inclusive, fair and safe environment.
- All young people should receive a quality sport experience, irrespective of the level at which they are involved.
- Aotearoa's sport sector must work collaboratively to encourage the widest possible change for the wellbeing and sport participation of young New Zealanders.
- Sport leaders, coaches, administrators, parents, and caregivers involved in youth sport must collectively lead attitudinal change.
- All young people should be offered participation and skill development opportunities.
- Bold and courageous leadership at national, regional and local levels is required to design and deliver quality youth sport participation and development opportunities.
- All young people should be supported to participate in a range of activities and play multiple sports.
- Talent Identification should occur later in young people's development; reviewing the role and nature of national and regional representative selections and tournaments is an important step in ensuring elite sport attitudes and practices are introduced at developmentally appropriate times.
- Adults need to proactively monitor and manage the workload (intensity and volume) of motivated young people to mitigate the risks of overtraining and overloading.

## Balance is Better – Badminton’s specific

- Badminton NZ has an advisory group that has been working on developing a BiB framework that is designed by badminton for badminton – but still aligns with the national principles.
- We have held youth engagement survey’s throughout the country to gather evidence to support the National Balance is Better Engagement and to help identify the problems and formulate deliverable solutions
- Some horror stories:
  - “Under 10 years of age, who they have seen being abused by their parents on the CCTV (pulling hair, pushing them etc), who are forced to train while injured, who appear quite afraid of their parents and whose parents are pushing extremely hard for them to go to Palmy, which administrators have explained they’re not eligible for”
  - Side line abuse of other players and TO’s/Line judges
  - Winning at all costs
  - Physical abuse
  - Withholding food
  - Constant recognition of what to do and how to play – players looking for parent’s advice. Coaching on the back of the court
  - Overtraining – Young players (8 & 9 years) committing to training at 6am 3 days a week. Parents – if we don’t sign up, we look as if they are not committed, we don’t want them to miss out on opportunities
  - Playing in competitions that are not appropriate to their age and stage



# Youth Engagement Survey



What do your parents do to support you?

What do you want your parents to do to support you?

"They encourage me"

"Be more encouraging and supportive"

"Clap and cheer me on"

Stop comparing me to other players, and picking out every little detail

"They pay and organise trainings"

"Mum is a free taxi and helps feed me"

"They already do what I need"

"Don't tell me how to play"

Being kind and supportive

"Say really nice things to me"

"To not show how angry they are in front of people"

"When I lose a point, don't be mean to me"

"Not shout feedback when I'm losing"

## Balance is Better – Key Challenges Identified

1. Season Length
  - Impacts ability for young people to play summer sports. Elevated workload, conflict between sports and increased injury risk.
  - Participating in a range of sports has positive benefits on the development of young people,
  - RST's around NZ are currently implementing season length's for sports, eg BOP winter season length has to be between 6<sup>th</sup> May and 16<sup>th</sup> Sept
2. Age of Participation in Events
  - Little developmental benefit for players playing up an age group.
  - Young players are less likely to have a fun opportunity, and are surrounded by less friends, when participating in age groups significantly older than they are
3. Quality Experiences
  - Through the Youth Engagement Survey, 'Fun', 'Winning' and 'Friends' were identified as the three most enjoyable components of badminton.
  - Competing against players of the wrong ability level, or a poorly delivered event results in poor experiences.
  - Offering a small selection of events forces players into unsuitable competition.
4. National Rankings
  - The National U13 Rankings currently incentivise 9-12 year olds to participate in as many events as possible to ensure they get the best seeding for events, and therefore the best draw.
  - Rankings are publicly accessible and updated weekly through our websites. This encourages unnecessary comparison between players for an aspect of the sport that has no impact on the future development of athletes.
  - The Youth Engagement Surveys highlighted that players do not want their parents to compare them to over players.

## Balance is Better – Solutions

1. Season Length
  - Badminton New Zealand will begin implementing a U13/15 season length in 2023, that includes all National and Sanctioned Events.
  - The season will be from April to October, with no Under 13 or Under 15 events to be sanctioned outside of this window.
  - Under 15 players will remain eligible to compete in Under 17 events held outside this period.
2. Age of Participation in Events
  - Badminton New Zealand to extend age limits to all International, National, Sanctioned Events and Inter-Association;
    - Under 13s – Players who turn 9, 10, 11, 12 (National Events to be 10, 11, 12 only)
    - Under 15s – Players who turn 11, 12 and Under 15 players
    - Under 17s – Under 15 and Under 17 players
    - Under 19s – Under 17 and Under 19 players
    - Seniors – Under 17, Under 19, Senior players
3. Quality Experiences
  - Shared resources to support Associations, Coaches and Clubs to enhance the quality of experience offered, i.e., templates on how to deliver Non-Rep Tournaments, Relays, Junior Leagues & BadmintonPlay.
  - Badminton New Zealand to support the pilot of a BadmintonPlay event in 2023.
4. National Rankings
  - Maintain the rankings for seeding purposes, however have the rankings hidden from the BNZ website, thereby reducing the visibility and in-turn the pressure / focus from parents / coaches

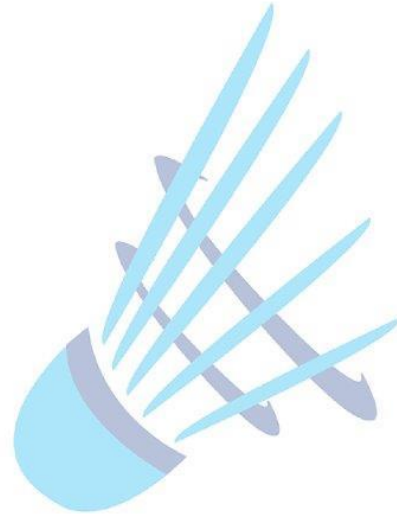


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# Mainland Badminton



## Mainland Squad Clarification

- What is Mainland? All the South Island associations (Canterbury, Otago, Southland, West Coast, Marlborough, Nelson) In the North Island they have Central and Northern
- Mainland U15 development squad was reinstated in approx. 2018 as a training opportunity for the best players in the U15 age group from around the South Island. This included some U13 players – dependant on their ability level.
- This squad has run regardless of whether we have sent Canterbury or Mainland teams to Nationals and formed an EXTRA training opportunity for this developing age group.
- Camp has previously been delivered by Jim Hoffman and Jo Christie – but Jim has retired from this level of coaching and is now delivered by Jo and Yuri Minagawa. The camps also serve as a coach development opportunity for coaches around the South Island.
- Selection criteria into Mainland U15 squad – (NB this runs independently of Mainland U13 selections) are made from nominations from clubs/associations and observations of players at the South Island Tournament and NZJTC from the previous year. As we have this squad, selections into the Mainland U15 team are made from these squad members.
- Selections are based on the coaches' evaluation/opinion on their promise/potential, their demonstrated good sportsmanship/fair play and their willingness and commitment to learn and adapt to improve their game.

## Benefits of Mainland Development Squad

- **FUN**
- **Leadership** Opportunities – more experienced players given the opportunity to support and encourage newer players
- **Self Discipline** - Players get the opportunity to stay away from home, without their parent/s and learn about managing themselves on and off the court, eg sleeping, phones, hygiene, nutrition
- Players get the opportunity to meet and train with other children from around the South Island, providing **variety** and potentially increased intensity of training
- **Teamwork** – needing to work with different players both on and off the court
- Players get the opportunity to play with different partners which builds skills
- Develop **communication** skills with other players on and off the court
- Children grow in **confidence** after having time at these camps
- Access to a variety of coaches, who offer different skill sets and attributes
- **Coach development** opportunities for coaches

## Pro's and Con's of Mainland Camp's here in ChCh collated by parents

| Mainland Camp training in Chch   |  |
|--|--|
| Pro for BC players   | Pro for players form other region  |
| Get to know other players from other region  | Get to know other players from other region  |
| Get to play with different players similar to their level outside own region (does not apply to our top players) | Get to play with different players similar to their level outside own region                                 |
| No need to travel to different place   | Get to play with top players among whole south island region   |
|  | Cost of travelling reduced as BC players has to contriubted \$20 per person for players from outside of Chch |
|  |  |
|  |  |
| Con for BC player  |  |
| Less chance to work on double/mixdouble combination if their partner is in the other region                      |  |
| Our top plyers won't get much competitive/intensive quaility training  |  |
| Extra cost as need to pay for accomodation   |  |
| Competeting with other region for the spot to play in national team event(lower the change get select into team) |  |
|  |  |
| Canterbury team training in Chch   |  |
| Pro for BC players   | Con for BC player  |
| no need to pay for the accomodation  | won't get to know other players from other region  |
| Only need to complete with Canterbury for the spot to play in national team event                                | won't get to play with different players similar to their level outside own region (except our top players)  |
| Training quality- coaches understanding of player abilities, player pairings                                     |  |
| Players gets togherther easily for training  |  |
| Easy to arrange training together  |  |
| Get more chance to train for the combination for double and mixdouble  |  |



## NZJTC

- A bit of history
  - 2020 - Event Cancelled (COVID)
  - 2021 - No U13 Teams/ 1 x U15 MLD/ 1 x U17 MLD/ 2 x U19 MLD (Full Mainland Model) (4 teams)
  - 2022 - 1 x U13 CAN/ 1 x U15 MLD/ 1 x U17 CAN, 1 X U17 MLD/ 1 x U19 CAN, 2 x U19 MLD (Mixed Model – 7 teams)
  - 2023 - Full Mainland Model – (likely 9 teams)
- Decision making
  - In the decision to support sending teams as a Mainland Collective the board had many discussions and considered the pro's/con's when making our decision.
  - Selectors from the Canterbury Region – Jo/Alfie/Yuri and Yuko were involved in the collection of names of players to be put forward to Mainland selectors to compete at Nationals level.



| MAINLAND  | CANTERBURY   |
|---|--|
| <p data-bbox="703 237 766 258">PRO's</p> <p data-bbox="491 308 978 329">More players to pull from to fill positions in teams</p> <p data-bbox="481 379 988 401">Fosters collective team spirit across the South Island</p> <p data-bbox="308 451 1156 472">If selected into a team you are the 'best' amongst the South Island – more mana (pride)</p> <p data-bbox="588 522 876 544">Access to a variety of coaches</p> <p data-bbox="435 594 1029 615">Access to more funding sources (MLD is getting incorporated)</p> <p data-bbox="224 665 1245 722">Strongest team possible – meaning athletes are competing more at the level they should be and getting a more relevant/meaningful experience</p> <p data-bbox="517 772 952 793">Players more likely to get similar level games</p> <p data-bbox="532 843 937 865">Opportunity to play with different people</p> <p data-bbox="532 915 937 936">Sharing the load administratively/funding</p> | <p data-bbox="1786 237 1849 258">PRO's</p> <p data-bbox="1658 308 1972 329">Bonding with other local players</p> <p data-bbox="1696 379 1933 401">Pride in RED and BLACK</p> <p data-bbox="1663 451 1967 472">Training with your team mates</p> <p data-bbox="1671 522 1959 544">Opportunity for local coaches</p> <p data-bbox="1696 594 1933 615">Local fundraising efforts</p>  |
| <p data-bbox="703 951 766 972">CON's</p> <p data-bbox="308 1022 1156 1043">Could some Canterbury players miss out by other associations filling a position in a team</p> <p data-bbox="542 1093 922 1115">Not training together on a regular basis</p>  | <p data-bbox="1786 951 1849 972">CON's</p> <p data-bbox="1518 1022 2112 1043">Not having the players to fill a team at a particular age group</p> <p data-bbox="1722 1093 1908 1115">Not strongest team</p> <p data-bbox="1327 1165 2303 1186">Players playing at wrong level just to make up team numbers – not getting a good playing experience</p> <p data-bbox="1607 1236 2023 1258">BC has to do all the administering/funding</p> |

## Potential make up of Mainland teams across the age groups:

- U13
  - Two teams who will be solely represented by Canterbury players as they are the strongest across the South Island. One in Division 1, one in Division 2.
- U15
  - One team to nationals (unsure yet if Division 1 or Division 2). Based on our knowledge of players ability and experience of competitive badminton, Canterbury alone could not form a team that is ready to be competing at Nationals.
- U17
  - Two teams to nationals (one in Division 1, one in Division 2). Drawing on players from other associations means players are playing in a division that is more appropriate for them.
- U19
  - Four teams to nationals (one in Division 1, three in Division 2)



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## Representative programme in Canterbury 2023

- Term 1
  - Junior Pre Season Training, Monday 13<sup>th</sup> February to 3<sup>rd</sup> April, Badminton Canterbury, 5 – 7pm. Not compulsory.
  - Regional Coaching Day for U13 and U15/Trials for Mainland U13 teams (TBC)
  - Local non sanctioned tournaments
- Term 2
  - Development Programme/Rep Team Training for anyone participating in NZJTC – Monday 24<sup>th</sup> April – 26<sup>th</sup> June, Badminton Canterbury, 5 – 7pm
  - Play in the Canterbury U15/19 Age Group Championships 20<sup>th</sup> – 21<sup>st</sup> May
  - Regional Coaching Day – DATE TBC
  - Local non sanctioned tournaments
  - Other Association tournaments
  - NZJTC 1<sup>st</sup> – 6<sup>th</sup> July – Palmerston North
- Term 3
  - Rep Team Training for SIJTC – Monday 17<sup>th</sup> July – 18<sup>th</sup> September
  - Canterbury U13's/17's 12<sup>th</sup> – 13<sup>th</sup> August
  - Local non sanctioned tournaments
  - Other Association tournaments
  - SIJTC – 23<sup>rd</sup> to 28<sup>th</sup> September – Christchurch – NB we enter as many teams as possible into this competition. It's a good intro to competitive badminton

## Regional Coaching Days/Trials

- Badminton Canterbury holds **Regional Coaching Days** throughout the season. Research indicates that children don't like attending '*Trials*' and do not always perform at their best if we are just looking at the results of games.
- We opt for these regional coaching days instead where children come along for a coaching/development opportunity and they can see where their skills are placed amongst the top players in Canterbury.
- At these events, selectors are not just looking at results, but effort and attitude to training and developing their skills.
- These events are a good opportunity for our coaches to also work alongside each other and learn from each other.
- Children need to participate in these Regional Coaching days/Trials if they want to be considered for representative badminton for NZJTC U13 teams and for all SIJTC teams

## Help Required

- Fundraising
  - BC Juniors – In the past few years Jing-Yi and Dawn Canovan have led a very proactive fundraising group.
  - Attending the NZJTC and SIJTC can be costly for some families, however even if you are able to afford this, working with your team mates at fundraising activities provides children with many other opportunities e.g. cash handling, confidence, team building, being aware of and helping contribute towards their travel expenses, a sense of empowerment, communication, fun etc which are all good life skills for your children.
  - If you are interested in getting involved in fundraising efforts, I would encourage you to talk to Jing-Yi who can help you sort some ideas. Also if you are in a position to offer prizes for raffles etc then please let us know
  - Money raised from fundraising efforts, goes directly to those that contributed
- Team Managers
  - Taking juniors away requires parent helpers and team managers.
  - Please see the checklist in the Junior Handbook to know what is involved in becoming a team manager.
  - Please let Jo Christie know if you are able to be a team manager [jo@badmintoncanterbury.com](mailto:jo@badmintoncanterbury.com)
- Tournament Training
  - Badminton Canterbury runs age group championships for U13/15/17/19's. We are always in need of people to assist on the desk at the running of these tournaments. If you are interested in assisting at these tournaments please contact [jo@badmintoncanterbury.com](mailto:jo@badmintoncanterbury.com)



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